



Our Lady of Peace Parish Lent Activities and Resources

We are pleased to provide parishioners with a variety of Lent activities and resources: at home, in person and virtually. For more information and links please visit www.ourladyofpeacefredericton.ca/lent

Reflection Books ~ The parish has purchased the following books for individuals and families to use at home this Lent, *“Living Hope”* for adults and *“With Your Whole Heart”* for families. Copies are available all three churches. There are limited copies available please only take one per household. Copies will be mailed or delivered to people who have not been able to attend Mass.

Mardi Gras: Prepare Your Heart for Lent ~ Tuesday, February 16th at 8:00 pm on FORMED.org

Ash Wednesday Mass Times

12:00 pm St. Theresa’s Church
5:00 pm St. Patrick’s Church
7:00 pm St. Anthony’s Church

The noon service at St. Theresa’s will be livestreamed via the parish Facebook page and ashes will be distributed in the parking lot at St. Theresa’s following the service until 1:15 pm for those who can not attend in person.

Stations of the Cross ~ Tuesdays at St. Anthony’s after the 10:00 am Mass, Wednesdays at St. Theresa’s after the 12:00 pm Mass and Wednesdays after 1:00 pm Adoration at St. Patrick’s.

Online stations of the Cross ~ Thursday, March 18th at 7:00 pm via Zoom.

Canadian Conference of Catholic Bishops - Journey through Lent: Video Series for Lent 2021 ~ Beginning on Ash Wednesday, Journey through Lent offers an introduction to the season and reflections on Gospel readings each Sunday in Lent. For link please visit www.ourladyofpeacefredericton.ca/lent

Daily Lenten Reflections ~ This Lent, we invite you to journey with Dr. Tim Gray by signing up for Daily Lenten Reflections. Each day you will receive in your inbox a short video which features Dr. Gray commenting on the daily Mass readings, explaining the Scriptures, and providing you with concrete ideas on how to apply them to your Christian life. Available for free on FORMED.org.

The Search ~ Join Fr. Maria as he watches *The Search* this Lent. Every Wednesday starting Ash Wednesday we will post on the parish Facebook page and website a link to watch an episode of *The Search* on FORMED.org along with a couple of questions for reflection and discussion. Share your thoughts each week on Facebook.

Lenten Retreat with Sr. Karen ~ Thursday, March 25th at 7:00 pm. Our hope is to be able to gather together in person for this event. Please watch the bulletin for details.

Palm Sunday Family Activity ~ Sunday, March 28th at 3:30 pm at St. Theresa’s Church. This event will replace the scheduled Family Mass. Please watch the bulletin for details.



Message from Fr. Maria

Lent is the season of preparation for Easter which means that now is the time to prepare well. With Ash Wednesday just a few days away, now is the time to come up with your plan to grow closer to Christ and share in His sufferings during the season of Lent as we prepare to celebrate the mystery of our salvation at Easter. If we leave coming up with our plan for Lent until Ash Wednesday, I know at least for me, it often takes days or weeks to really get started, meaning that we waste what is normally a great opportunity which is given to us during this holy season.

I would recommend that you watch Formed.org during this Lent and participate in parish Lenten activities. Our Lady of Peace Parish has an account with Fomed.org that enables our parishioners to access videos, audio programs and to read books all for free. I plan to watch all seven videos of The Search this Lent. The Search is an innovative video series that tackles the key questions of every human heart. In seven beautifully filmed episodes, Chris Stefanick and experts from multiple fields of science, medicine, psychology, art, and religion examine our place in the larger story of existence.

This Lent you are encouraged to read the Lenten reflection books which will be at the entrance of each church site and they have also been sent to some seniors at home. These books will help to spend time with God and deepen our relationship with God. Please read them and share your faith journey with others, and let them share theirs with you.

May you have a fruitful Lent!

Fr. Maria Arokiam

FORMED

FORMED is our gift to you!

FORMED is a subscription based media platform that specializes in Catholic content. Discover thousands of books, audio talks, movies, documentaries, and studies... there is something for every member of the family!

Registering for FORMED is EASY!

- Go to formed.org/signup
- Select our parish by Our Lady of Peace Parish or entering our Postal Code – E3A 3N5
- Register with your name and email address
- Check your email account for a link to begin using FORMED

Have you tried FORMED yet? Let us know what you have enjoyed on FORMED!